

## **Instructions for Using the Listening Skills Inventory**

The Listening Skills Inventory (LSI) is a comprehensive sensory history form that is filled out both by parents and therapists. It casts a broad net in attempting to uncover any of a large number of difficulties that a client might be experiencing. The Listening Skills Inventory provides information on sensory processing in all major sensory systems and provides a list of behavioral indicators of sensory processing and listening dysfunction. The LSI is broken down into 4 major categories-- Orienting Response & Regulation, Space, Core Activation, and Communication & Connection. Answering the questions on this form will help the caregiver observe and report the items that cause the greatest distress or disruption in the client's daily activities and occupations.

The inventory form should be filled out first by the client's primary caregivers and then returned to the therapist prior to beginning a Therapeutic Listening program. The therapist will review it, formulate questions or clarifications that might be needed, and be prepared to make his/her own additions to the inventory from his/her observations in treatment sessions. It is recommended that you start with CDs that are in the Orientation, Regulation, and Sensory Modulation category.

Clinical experience has shown that when there are many check marks in the Space category, there may be low frequency sound sensitivity and a poor understanding of the spatial surround. You may want to target these issues by selecting a CD from the Space category instead of the Orientation, Regulation, and Sensory Modulation category.

### **Using the Listening Skills Inventory**

1. Instruct caregiver in completion of form
2. Review answers on form and formulate questions/clarifications
3. Discuss questions with caregiver
4. Therapist revisits form and marks additional observations from treatment sessions
5. Combine information from LSI, LSOF, and other test data
6. Select CD